

Journal of Pediatric Gastroenterology, Hepatology and Nutrition
January 2018 CME Article

Development of the aim to decrease anxiety and pain treatment (ADAPT) for pediatric functional abdominal pain disorders

Learning Objectives

1. To understand the role of clinical anxiety in FAPD in relation to clinical outcomes (increased pain-related disability and higher levels of pain symptoms) and in attenuating response to cognitive behavioral interventions for pain.
2. Recognize that current cognitive behavioral approaches for pain do not generally target anxiety in the management of FAPD.
3. Appreciate how a brief CBT that targets both pain and anxiety symptoms may be a feasible and beneficial approach to be used as part of the management of FAPD.

Acknowledgement of Commercial Support:

No commercial support was received for this activity.

Physicians

Accreditation Statement

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Principal Faculty and Credentials

Faculty credentials are listed in the Journal articles

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Date of Release:

January 1, 2018

Date of Expiration:

January 1, 2020

Necessary Hardware and Software:

- Adobe

Compatible Web Browser listed below:

- Internet Explorer version 6.0 or higher
- Mozilla Firefox 1.0 or higher
- Netscape Navigator 6.0 or higher

- Apple – Safari

Estimated Time to Complete this Activity:

It is estimated that it will take 1 hour to read the articles and complete the posttest.

Method of Physician Participation:

All participants read an article, take a post-test with a minimum of 60% passing score and complete an activity evaluation at the end of the activity before being able to print a certificate of completion.

Policy on Privacy and Confidentiality:

The personal information collected on this evaluation site is used only for our records and is not distributed to any individuals or companies.

Bibliographic Sources

References are provided in the Journal article.

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Contact Information:

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