

Diagnosis and Management of Carbohydrate-Induced Diarrhea

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CHAIR:

Robert Shulman, MD
Professor of Pediatrics
Baylor College of Medicine
Children's Nutrition Research Center
Houston, TX, USA

FACULTY:

Looi Ee, MBBS, FRACP
Senior Staff Specialist
Queensland Pediatric Gastroenterology,
Hepatology, and Nutrition Service
Department of Gastroenterology
Brisbane, QLD, Australia

Martín G. Martín MD, MPP
Professor of Pediatric Gastroenterology and Nutrition
David Geffen School of Medicine at UCLA
Los Angeles, CA, USA

John F. Pohl, MD
Professor of Pediatrics
Department of Pediatric Gastroenterology
Primary Children's Medical Center
University of Utah
Salt Lake City, UT, USA

Yul Reinstein, MD
Associate Professor of Pediatrics
Division of Pediatric Gastroenterology and Nutrition
Duke University Medical Center
Durham, NC, USA

J. Marc Rhoads, MD
Professor of Pediatrics
Section Head, Pediatric Gastroenterology,
Hepatology, and Nutrition
University of Texas Medical School at Houston
Houston, TX, USA

CME REVIEWER:

Emily Contreras, MD
Assistant Professor of Clinical Pediatrics
Pediatric Gastroenterology, Hepatology, and Nutrition
Riley Hospital for Children
Indiana University School of Medicine
Indianapolis, IN, USA

CONTENT REVIEWER:

Martin H. Ulshen, MD
Professor of Pediatrics
Chief, Division of Pediatric Gastroenterology,
Hepatology, and Nutrition
Duke University Medical Center
Durham, NC

TARGET AUDIENCE

This activity is designed for pediatricians, pediatric and adult gastroenterologists, primary care physicians, physician assistants, nurse practitioners, dietitians, and other health care professionals who are interested in treating children and young adults with carbohydrate-induced diarrhea.

LEARNING OBJECTIVES

Upon completion of this activity, participants should be better able to:

- Explain the pathophysiology of carbohydrate-induced diarrhea
- Utilize current diagnostic approaches
- Provide individualized and appropriate management to meet specific patient needs
- Educate patients and parents on etiology and physiologic consequences as well as the importance of dietary modifications

PHYSICIANS

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) and The NASPGHAN Foundation for Children's Digestive Health and Nutrition. NASPGHAN is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA STATEMENT

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Looi Ee MBBS has nothing to disclose.
Martin G. Martin MD has nothing to disclose.
John F. Pohl MD has nothing to disclose.
Yul Reinstein MD has nothing to disclose.
J. Marc Rhoads MD has nothing to disclose.
Robert Shulman MD has nothing to disclose.
Emily Contreras MD has nothing to disclose.
Martin H. Ulshen MD has nothing to disclose.

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Committee who has nothing to disclose. The resulting certified activity was found to provide educational content that is current, evidence-based, and commercially balanced.

MEDIUM OR COMBINATION OF MEDIA USED

This activity consists of a slide set plus online posttest and CME evaluation.

HOW TO RECEIVE CME CREDIT:

To receive CME credit for this activity, participants must review the CME information (learning objectives, disclosures, etc.), review the entire activity, and complete the activity posttest and evaluation questions. To complete the activity posttest and evaluation, please visit:
<http://www.gotomylist.com/esystems/quiz/quiz.cfm?QuizNum=193>

Certificates will be provided immediately after completion of both the posttest and evaluation. For any questions about receiving credit, please e-mail Blia@Amedcoemail.com

PROVIDER CONTACT INFORMATION

Jointly sponsored by NASPGHAN and The NASPGHAN Foundation for Children's Digestive Health and Nutrition.

For questions, please contact:

NASPGHAN: PO Box 6, Flourtown, PA 19031 Phone: (215) 233-0808 • Fax: (215) 233-3918

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Personal information gathered will not be released to any other company or organization for any purpose. This information remains totally confidential.

INTRODUCTION

Carbohydrates represent a large portion of the world's daily diet, yet approximately 70% of the world's population experiences some form of carbohydrate malabsorption. Incomplete carbohydrate absorption can cause serious problems in affected children, including poor nutrition and delayed growth. Diagnosis continues to be an issue in these children due to a lack of proper awareness and specific guidelines. In this presentation, we provide detailed information concerning the pathophysiology, diagnosis, and treatment of pediatric patients with carbohydrate-induced diarrhea.