



## **Podcast Series: Enteral Nutrition as Primary Therapy for Crohn's Disease – Making it Happen for Pediatric Patients**

Please join NASPGHAN and the NASPGHAN Foundation for a five-part CME podcast series on Enteral Nutrition as Primary Therapy for Crohn's Disease. The program will review two different approaches at two different institutions using exclusive enteral nutrition and modified enteral nutrition for the induction of remission in pediatric Crohn's disease (CD).

NASPGHAN designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 CME Credit*<sup>™</sup>. **To receive credit, you must review all five podcasts in the series, and** complete the activity posttest and evaluation, by visiting <http://www.gotomylist.com/esystems/quiz/quiz.cfm?QuizNum=100>

**Release Date:** February 15, 2014

**Expiration Date:** February 14, 2017

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Support provided by Abbott Nutrition

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### **PROGRAM OVERVIEW**

Exclusive enteral nutrition (EEN) using liquid formulas is recognized as an efficacious therapy for the induction of remission in pediatric Crohn's disease (CD). However, EEN has not been universally adopted and various treatment protocols are used.

The mechanism of action of EEN for the induction of remission remains conjectural. Hypotheses include elimination of dietary antigenic exposure, overall nutritional repletion, correction of intestinal permeability, diminution of intestinal synthesis of inflammatory mediators via reduction in dietary fat, and provision of important micronutrients to the diseased intestine. EEN has been shown to exert changes on the intestinal micro-biome, which may relate to its efficacy.

The program will review two different approaches at two different institutions using EEN and modified enteral nutrition for the induction of remission in pediatric Crohn's disease (CD).

### **TARGET AUDIENCE**

This activity is designed for pediatricians, pediatric and adult gastroenterologists, primary care physicians, physician assistants, dietitians, social workers, nurse practitioners, and other health care professionals who are interested in treating children and young adults with CD.

### **OBJECTIVES**

In dealing with patients who have CD and for whom enteral nutrition is a treatment option, participants completing this activity should be better able to:

- Identify barriers hindering the widespread use of enteral nutrition
- Identify essential components for a successful enteral nutrition program
- Provide practical points for using exclusive enteral nutrition as first-line therapy

## **PHYSICIANS**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) and the NASPGHAN Foundation. NASPGHAN is accredited by the ACCME to provide continuing medical education for physicians.

## **AMA PRA STATEMENT**

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All faculty/speakers, planners, abstract reviewers, moderators, authors, coauthors, and administrative staff participating in the continuing medical education programs sponsored by NASPGHAN and NASPGHAN Foundation, are expected to disclose to the program audience any/all relevant financial relationships related to the content of their presentation(s). Accordingly, the staff at NASPGHAN and NASPGHAN Foundation has reported no financial relationships with any commercial interests related to the content of this educational activity.

- Anthony Otley, MD has financial and material support from Nestle.
- Robert N. Baldassano, MD is a consultant for Nutrica and Janssen Biotech and on the speaker bureau for Abbott Nutrition.
- Cynthia King-Moore, PDt has nothing to report.
- Sarah C. Weston, RD, CSP, LDN has nothing to report.
- Meryl Reichbach, LSW has nothing to report.
- Jennifer Strople, MD, MS has nothing to report

In accordance with ACCME Standards for Commercial Support of CME, NASPGHAN and NASPGHAN Foundation implemented mechanisms to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity. To resolve identified conflicts of interest, the educational content was peer-reviewed by a physician member of the NASPGHAN Review Committee who has nothing to disclose. The resulting certified activity was found to provide educational content that is current, evidence-based, and commercially balanced.

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This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The opinions expressed in the educational activity are those of the faculty. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings. Further, attendees/participants should appraise the information presented critically and

are encouraged to consult appropriate resources for any product or device mentioned in this program.

### **MEDIA USED**

This activity will consist of a web-based application where the participants access the meeting by clicking on a link distributed by e-mail (meeting invitation) to enter the conference. Participants will need speakers or an audio headset to listen to the webinar. If you encounter problems, please notify us at [Jillian@AmedcoEmail.com](mailto:Jillian@AmedcoEmail.com)

### **RECEIVING CME CREDIT**

To receive CME credit for reviewing this activity, participants must review the CME information (learning objectives, disclosures, etc.), review the entire activity, and complete the activity posttest and evaluation questions. To complete the activity posttest and evaluation, please visit

<http://www.gotomylist.com/esystems/quiz/quiz.cfm?QuizNum=100>

Certificates will be provided immediately after completion of both posttest and evaluation. If you have questions about receiving credit: Please e-mail [Jillian@AmedcoEmail.com](mailto:Jillian@AmedcoEmail.com)

### **PROVIDER INFORMATION**

Jointly sponsored by NASPGHAN and NASPGHAN Foundation

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