



CPNP – NUTRITION SYMPOSIUM SCHEDULE AT-A-GLANCE

Saturday, October 27, 2018

Diplomat Hotel

Hollywood, FL

7:30 – 8:30 Continental Breakfast/Business Meeting

8:30am - 10:00am CPNP Nutrition Symposium – Session I: Allergy Updates

EoE update

Glenn Furuta MD, Children’s Hospital of Colorado

Learning objectives:

1. To gain a general understanding of Eosinophilic Esophagitis
2. Review treatments available for EoE

FPIES update

Carla Davis MD, Baylor College of Medicine

Learning objectives:

1. Understand approaches to the diagnosis and medical management of the pediatric FPIES patient
2. Recognize the symptoms of FPIES and describe the most common food triggers

Nutritional management of the child with multiple foods allergies

Allison Cassin RD, Cincinnati Children’s Hospital Medical Center

Learning objectives:

1. Discuss potential obstacles, challenges and nutritional risks of an elimination diet for the management of food allergies
2. To be able to provide patients and families with survival skills to help them be successful with their elimination diet

10:30 – 12:00pm CPNP Nutrition Symposium Session II: IBD Nutrition

SCD Nutrition microbiome

David Suskind MD, Children’s Hospital of Seattle

Learning objectives:

1. Describe the gut microbiome and Inflammatory Bowel Disease
2. Discuss how modification of the gut microbiome is becoming a therapeutic strategy in GI disease such as IBD
3. Understand how the microbiome changes on the specific carbohydrate diet

SCD diets: Ins and outs

Nila Williamson MPH, RD, CNSC

Learning objectives:

1. Become familiar with RD's role in educating families on Specific Carbohydrate Diet
2. Identify potential inadequacies corresponding with SCD
3. Learn ways to help promote successful initiation, adherence and maintenance in a pediatric population

Micronutrient recommendations in IBD

Cassandra Walia, RD, Children's Hospital of Wisconsin and Abdul Elkardi, MD, Medical College of Wisconsin

Learning objectives:

1. Review NASPGHAN Guidelines for monitoring and treating micronutrient deficiencies in Inflammatory bowel disease
2. Examine evidence base for guidelines

1:00- 2:00pm CPNP Nutrition Symposium - Session III: Malnutrition

Limitations of the malnutrition guidelines: both the neonatal and pediatric

Timothy Sentongo MD, University of Chicago

Learning objectives:

1. Identify limitations of consensus guideline
2. Discuss practical use of applying the consensus guidelines in diagnosing malnutrition

Tools for identifying malnutrition: labs, and dexa scans

Maria Mascarenas MBBS, Children's Hospital of Philadelphia

Learning objectives:

1. Describe available labs, tests available to assist in identifying malnutrition in the pediatric patient
2. Learn how to use these results as part of your nutritional assessment

2:00-3:30 pm CPNP Nutrition Symposium- Session IV: Celiac Disease

Optimizing medical management of celiac disease

Hilary Jericho MD, University of Chicago

Learning objectives:

1. Discuss current guidelines for diagnosis of celiac disease
2. Review best practices for medical management of celiac disease

Adherence and psychological issues with Celiac Disease

Shayna Coburn PhD, Children's National Medical Center

Learning objectives:

1. Identify barriers to adherence in the celiac child
2. Describe psychological issues prior to and after diagnosis of celiac disease

Treating the non-responsive Celiac Patient: Fasano diet

Pamela Cureton RD, University of Maryland

Learning objectives:

1. To outline the expected results of treatment with a gluten free diet

2. To understand the approach to patients with a diagnosis of celiac disease who have persistent or recurrent symptoms despite a gluten-free diet

3:45 - 5:00pm CPNP Nutrition Symposium - Session V: Breakout Sessions

(Each session 20 minutes: first session: 3:45 - 4:05pm, second session: 4:10-4:30 pm, third session: 4:35-4:55pm.)

Resource sharing

Sharon Weston RD, Boston Children's Hospital

Learning objectives:

1. Exchange ideas and recipes on blended diets
2. Discuss best practices and tips on starting and managing blended tube feedings

Leap study - what are we recommending?

Allison Cassin, RD, Cincinnati Children's Hospital Medical Center

Learning objectives:

1. Discuss treatment management of food allergies based on LEAP study
2. Understand "best practice" nutritional management options to optimize outcomes

Osteopenia of prematurity

Jennifer Garcia, MD, University of Miami

Learning objectives:

1. Identify risk factors that contribute to the development of osteopenia
2. Implement prevention and management strategies to minimize the incidence and severity of osteopenia