Course Description
This one-day program is designed to update healthcare providers with the most current evidence surrounding nutritional therapies for children with Inflammatory Bowel Disease, focusing on the Specific Carbohydrate Diet (SCD). The program will highlight the dietary program at Seattle Children’s Hospital and how dietary intervention has been integrated into our standard of care for patients with inflammatory bowel disease. Both the science behind dietary management and practical steps needed to make dietary management of IBD successful will be highlighted.

Who Should Attend
- Pediatric Gastroenterologists
- Dietitians
- Allied Health Professionals
- Nurses
- Pediatricians
- Family Physicians
- Nurse Practitioners
- Naturopaths

Course Location
Seattle Children’s - Wright Auditorium
4800 Sand Point Way NE
Seattle, WA 98105
Visitor Parking in Lot 1 (Free)

Course Objectives
Participants will be able to:
- Examine the role of nutrition and diet in Inflammatory Bowel Disease (IBD).
- Evaluate the approach to dietary therapy to treat IBD.
- Assess the nutritional impact of the Specific Carbohydrate Diet (SCD) as dietary therapy for IBD.

Course Direction
- David Suskind, MD, Co-Chair
- Dale Lee, MD, MSCE, Co-Chair
- Katie Kohorn, CME Program Manager, Seattle Children’s
- Emily Rice, CME Program Manager, Seattle Children’s

Registration and Cancellation Policy
You must pre-register; we do not do registration at the door.
No registrations will be accepted after 12 noon on April 1, 2019.

Cancellations can be made, minus a $20 processing fee up until April 3, 2019; no refunds will be given after that date.

Program Agenda
April 6, 2019

7:30 am  Registration and Continental Breakfast
8:00 am  Welcome & Introductions
  David Suskind, MD; Dale Lee, MD, MSCE
8:15 am  Fecal Microbial Transformation:
  Diet as Therapy in IBD
  David Suskind, MD
  Q & A
9:00 am  Diet and the Gut Microbiome:
  Modulating Mechanisms of Inflammation
  Johanna Lampe, PhD, RD
  Q & A
9:55 am  BREAK
10:05 am  Food Based Approach to Disease Prevention
  Jairam Vanamala, PhD
10:20 am  Exclusive Enteral Nutrition and the Specific
  Carbohydrate Diet (SCD) at Seattle Children’s Hospital: Stepwise Process
  Dale Lee, MD, MSCE
11:00 am  Q & A
11:10 am  Exclusive Enteral Nutrition and the Specific
  Carbohydrate Diet (SCD) at Seattle Children’s Hospital: Stepwise Process
  Dale Lee, MD, MSCE
11:55 am  Q & A
12:00 pm  LUNCH (provided)
12:45 pm  Nutritional Evaluation and Adequacy with the
  Specific Carbohydrate Diet
  Heather Twible, RD
  Q & A
1:00 pm  How to Successfully Integrate the SCD into Your
  Family’s Life
  Tali Guday
1:20 pm  Q & A
1:30 pm  PATIENT PANEL: Patients on the SCD: Patient
  Perspective of the SCD
  Moderator: David Suskind, MD
2:05 pm  Q & A
2:15 pm  BREAK
2:30 pm  PATIENT PANEL: Patients on the SCD: Patient
  Perspective of the SCD
  Moderator: David Suskind, MD
3:00 pm  PARENT PANEL: Parents Supporting the SCD
  Moderator: Dale Lee, MD, MSCE
3:30 pm  ADJOURN

Faculty
Tali Guday
Parent, Long term user of the SCD, and SCD Advocate, Seattle, WA

Johanna Lampe, PhD, RD
Research Professor, School of Public Health Public Health Sciences Division, Fred Hutchinson Cancer Research Center, Seattle, WA; Department of Epidemiology, School of Public Health, University of Washington, Seattle, WA

Dale Lee, MD, MSCE
Assistant Professor, Pediatrics, UW; Director, Celiac Program; Co-chair, Nutrition Subcommittee, Attending Physician, Seattle Children’s

David Suskind, MD
Professor, Pediatrics, UW; Director, Quality Improvement; Founder, Nutrition in Immune Balance (NiMBAL); Attending Physician, Gastroenterology, Seattle Children’s

Jairam Vanamala, PhD
Associate Professor, Department of Food Science, Faculty, Penn State Hershey Cancer Institute; Faculty, Center for Molecular Immunology and Infectious Diseases Penn State University

Heather Twible, RD
Clinical Dietician, Seattle Children’s

Accreditation
Seattle Children’s is accredited by the Washington State Medical Association CME Accreditation Committee to provide continuing medical education for physicians.

Seattle Children’s designates this live education activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 6.25 hours of Category 1 CME credit to satisfy the relicensure of the Washington State Medical Quality Assurance Commission.
REGISTRATION FORM
The Practice and Science of Dietary Therapy
in Inflammatory Bowel Disease
April 6, 2019

PRE-REGISTRATION REQUIRED by noon April 1, 2019

Course Fee: (includes catering, instructional materials and CME credit):

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<td>Standard Rate</td>
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PRE REGISTRATION REQUIRED: NO registration at the door.
For online registration: https://www.regonline.com/Nutrition2019

Please complete and return this form by noon April 1 to:
Seattle Children’s CME
Mail Stop S-219A, PO Box 5371
Seattle, WA 98145-5005
OR
FAX: 206/987-5798

PLEASE PRINT

Name:______________________________________________________________
Degree/Specialty:___________________________________________________
Company & City/ST:__________________________________________________
Email:_____________________________________________________________

PAYMENT:
☐ Check Enclosed. Payable in US funds to: Seattle Children’s CME
☐ VISA ☐ MasterCard ☐ American Express

Card Number:_______________________________________________________
Expiration Date:_____________________________________________________

Seattle Children’s Continuing Medical Education
8th Nutrition Symposium
The Practice and Science of Dietary Therapy
in Inflammatory Bowel Disease

Saturday
April 6, 2019

Seattle Children’s
Wright Auditorium

Presented by: